



# Sacred Heart School

Service Before Self

## Mission Statement:

The Sacred Heart is a Community committed to the education of its pupils in a Catholic Christian ethos, where each person is invited to serve God and others in faith, hope and love.

## Aims:

- To foster spiritual growth in Christian faith and values
- To value, appreciate and enjoy learning
- To work for excellence
- To further curiosity and creativity
- To aspire to high ideals

**Academic: Curriculum**

## Extra Curricular Activities Policy

The Sacred Heart School believes in a rounded education of the whole child

### Aims:

- To extend and enrich the pupils' learning
- To challenge pupils to try different activities
- To increase self confidence and self esteem

Pupils are encouraged to take part in lunch time and after school activities - sporting, musical and other activities (bearing in mind the constraints of transport home)

Safety – Appropriate risk assessments are made

### Sport

Senior School

Team practices and matches in Hockey, Netball, Tennis & Short Tennis, Rounders, Athletics and Swimming

Lower School

Rugby, Cricket, Football, Netball, Gym, Tennis

### Music

- Choir
- Individual Music Lessons
- Junior and Senior Orchestra

### General

Christian Union Group  
Latin American Dancing  
Chess Club  
Badminton Club

Gardening Club  
Speech, Drama & Theatre Studies  
Football Club

**The Duke of Edinburgh Award Scheme (Bronze)** commences in Year 9

First Aid Course in Year 9

**School Trips and Visits** enhance learning and most pupils will go on at least one day trip each year:

- Year 5 – 6 three day French Trip, every other year
- A week's Ski Trip, Years 7 – 11, every other year
- Year 10 three day Geography and Science Trip

In recent years, senior pupils have visited Prague, Krakow and the 1<sup>st</sup> World War Battlefields (See Policy for Trips, Journeys and Visits)

**Monitoring and Review**  
Reviewed on a two year basis