



Sacred Heart School

Newsletter 4: 29th Sept 2017

CELEBRATING 100 years of EDUCATION

Service Before Self.

e-mail– info@sacredheartschool.co.uk www.sacredheartschool.co.uk 01760 721330



@SHS_Swaffham



Friends of Sacred Heart School

| | |
|---|---|
| Mon 2 nd Oct | 3.45pm – 6.15pm. U14 Hockey at TGS |
| Tues 3 rd Oct | 1.15pm – 2.45pm Cycling Proficiency No dance after school today with Miss Helen 3.45pm U12 & U16 Netball v Springwood. Away. Pick-up at Springwood 5.20pm / at SHS at 6.15pm |
| Thurs 5 th Oct | 3.45pm U16 Hockey v TGS. Away. Pick-up 6.15pm |
| Thurs 5 th - Weds 11 th Oct | Book Fair |
| Fri 6 th Oct | 3.00pm Year 4 Assembly in the Barn Theatre. All welcome 4.30pm – 6.30pm Sing Along / Dressing Up to Disney's 'Jungle Book' in the Barn Theatre. £1.50 per person. Proceeds for Music Department |
| Sat 7 th Oct | 10.00am – 12 noon Open Day. Parent and pupil helpers required |
| Tues 10 th Oct | 1.15pm – 2.45pm Cycling Proficiency 4.30pm to end at 7.30pm Years 7 – 9 Parents Evening in the Gym |
| Weds 11 th Oct | School time – Castle Acre Priory Trip Year 7 4.00pm – 6.00pm U14 West Norfolk Netball at KES 5.00pm – 7.00pm Year 1 – 6 Parents Evening in the Gym 5.00pm – 7.00pm Little Pedlars Parents 'Come and View' Evening. |
| Fri 13 th Oct | 3.00pm Year 3 Assembly in the Barn Theatre. All welcome |
| Mon 16 th Oct | 1.15pm – 2.45pm Cycling Proficiency |
| Weds 18 th Oct | House Music Morning Years 4 – 11. All parents & visitors welcome. 1.15pm – 2.45pm Cycling Proficiency 3.45pm End of Term 4.00pm – 6.00pm U16 West Norfolk Hockey Tournament at Lynnsport. Return to SHS 6.45pm |
| Mon 30 th Oct | 8.30am Return to School |
| Weds 1 st Nov | 4.00pm – 6.00pm U16 West Norfolk Netball Tournament at KES. Return to SHS 6.45pm |
| Tues 7 th Nov | 4.00pm – 5.30pm U14 & U15 Netball v TGS. Home |

Book Fair – This will be available in the gym from Thursday 5th October to Wednesday 11th October. The school gains commission on the amount of books sold and enables us to replenish our libraries; therefore your support is greatly appreciated. Parental help is needed to run it from 3.30pm – 4.15pm each afternoon and from 5.00pm – 7.00pm on Wednesday 11th October.

Please contact Mrs Riedlinger (Year1/2) if you are able to help. Thank you. *Mrs Riedlinger*

Little Pedlars are appealing for any large clean pieces of tarpaulin to cover resources in the woods and to keep items clean. Thank you.

The Swaffham Food Bank have written to thank the school for the recent donation:

‘Many thanks for goods you gave us today from your Harvest Festival. Please thank all the Children who so kindly brought goods to us today. After you had gone we weighed the items. It came to a total of 342.9 Kg. This a wonderful achievement. You are very welcome to bring the children again. I was pleased to see all of you. It was very noticeable how very well behaved and polite all the children

were.’ *John Marshall, Churches Together, Food Bank Organiser*

This equates to 54 stones in weight!

Years 7, 8 and 9 walked the harvest produce over to the Baptist Church on Monday which is the day that the volunteers sort and give out the food parcels. Mr Marshall showed us the boxes that they make up for a single person with a variety of tins of protein vegetables and fruit, packets of cereals and pasta and supplies that are said to last for 3 days but with careful planning could last for much longer. A single person is given a box, a couple get 2 boxes and an average family are given 3 boxes. People are also given tea, coffee, milk, sugar as extras and may chose some quality items such as toiletries.

The pupils were told that a person is only allowed to visit the Food Bank 3 times in 6 months. We have been lent two boxes so that pupils can work out how many meals it would be likely that the recipients could create.

Netball Report –v Terrington St Clement



The U12 Netball team won 21-3. Girl of the game was Demilade Adegoke

The U14 Netball team lost 36-3. Girl of the game was Leah Buzhala



On Wednesday 27th September Year 9, with the assistance of Catherine, Charlie and Kitty from Year 11, were given the opportunity to master the skill of waiting on table at a charity function in aid of Neuroblastoma research. The event was organised by Vanessa Scott from Strattons Hotel alongside Sarah Simonds with her fashion show from Artichoke, raising £2771 for this important research. After a nervous start the pupils executed their duties like true professionals, receiving fulsome praise from the diners. In addition to their waiting duties we all had time to listen to a most enjoyable and

illuminating talk about the role of spooks and spies in our National Security by none other than the first woman Head of MI5, Dame Stella Rimington who, since her retirement has become a best-selling author of a series of spy thrillers. All in all we had a very enjoyable lunchtime. Thank you and congratulations to everyone. You were all a credit to the school and received so many compliments from the 100 guests. *Mrs Heale*

Today Year 8 put on an assembly about the police. We did it because today (29th September) is the anniversary of the founding of the Metropolitan Police, 1829. We all dressed in police uniform with high-viz vests and police hats. We talked about the history of the police, the role of police women and police in other countries. We all enjoyed it. *Nancy Williams-Eley*



At the Diocesan Mass, the Bishop asked every child to find out the date and place of their Baptism and to celebrate that day as a special day, their spiritual birthday.

Parents are asked to fill in the date of Baptism / Christening on the registration forms, but this is not a date that children are familiar with. Out of 1000 children in the Cathedral only about 30 children raised their hands when the Bishop asked how many children knew this important date. He did suggest a celebratory meal on this date but definitely did not mention presents!

Termly Contribution & Activity Sheets – Thank you to the 62% of parents who have completed, returned and paid for this term. Please can we remind the remainder that this payment is due to be paid by parents at the same time as the fees on the first day of term. It covers the cost of any visits made by pupils or cost of workshops, the school diary, and cookery expenses for Years 5 & 6. It means that we do not have to keep asking parents for money for such visits and workshops. Surplus money is carried forward to subsequent terms and the following year. This is a non-negotiable fund. Many classes have already been on school trips,

Walsingham (£8), Sainsbury Centre / Cathedral (£7.50), and there are further trips planned.

Extra-curricular activities – There are a wide range of activities which are available during each term. Parents book in advance for participation in these each term and are invoiced directly by the various peripatetic staff members.

Art & Craft Club to commence after half term – I am proposing to run an Art & Craft after-school club for any pupils from Year 6 upwards interested in having a go at a range of different crafts from 4.00pm – 5.30pm on Mondays every week during term time. **Anyone wishing to sign up please let me know by the end of next week, Friday 6th October.**

Mrs Heale

A family event - you are invited to a sing along to Disney's 'Jungle Book' in the Barn Theatre on 6th October. Tickets cost £1.50 per person. There will be snacks on sale and there will also be a raffle. Please dress up as a 'Jungle Book' character or in colours to represent the jungle. Money raised will go to the school Music Department. This is a family event and will be a great opportunity to meet old and new friends.

I hope to see you all there from 4.30pm – 6.30pm.

Elizabeth Napper, Music Prefect Year 11

The DAUGHTERS OF DIVINE CHARITY have hit the local news this week after a reunion with three of the girls. We are to feature on a Channel 5

Documentary called Bad Habits, a four part series starting on Thursday 19th October at 10.00pm.

The Sisters welcomed 5 girls who wished to change their life styles and were only told that they were going on a spiritual journey. They were shocked to find themselves at the Sacred Heart Convent.

It was quite a roller coaster ride for both girls and Sisters but the documentary shows a positive outcome for all involved.

To advertise this event Channel 5 has produced 1000 bill board posters and digital adverts at bus stops featuring the Sisters and the girls.

They have also organised the Sisters to feature on the BBC1 One Show and ITV's This Morning. One is on the 18th and the other the 19th October. We are not sure of the exact date of each. A three day Popup restaurant in Soho called Nundos featuring the Sisters serving free 'Soul food' and guests leave their mobile phones at the entrance is also being organised by Channel 5.

The questions posed to us by the media are:

How and why did we become involved?

How has the experience changed the girls and the Sisters? Despite initial misgivings, the Sisters feel that they have been treated with respect by all those involved and that we have been allowed to portray

the life of Religious Sisters as they really are as opposed to the 'Hollywood' version. This can only be a plus for our Free School Application.

The Free School Application

We are still awaiting the new criteria from the DfE in order to complete our Application Form. It has been suggested that this will be available in Spring 2018. It is therefore assumed that the authorities would not be able to process our application by September 2018. This is completely out of our control, but we anticipate the earliest that a Free School would open at Sacred Heart would be in September 2019 and even then that is not a foregone conclusion. We are in the hands of the DfE. We continue to pray for a speedy outcome.

Many new parents have taken a gamble and sent their children to Sacred Heart in September 2017. There has been a 50% increase in our role since September 2016. Some of those parents have been unable to pay full fees so have requested Bursary Forms. These forms are available after an initial interview with the Headteacher. Bursaries are offered after a completely honest revelation of a family's financial situation. The school is a Charity, no 237760, and forms may be scrutinised by the Charities Commission.

For entry into Senior School at Year 7 scholarships are also offered for the Academic subjects, Music, Art and Sport. Our Assessments take place in January. We are keen to offer places to pupils who are willing to work hard and want to make a difference to the community in the future. We want to encourage young people to belong to our school family who can follow the motto 'Service before Self'.

Please be aware that we cannot promise that the school will become a Free School but we are doing everything possible to achieve this goal.

Important Safeguarding Information

From September 2017 your Designated Safeguarding leads are:

Mrs R Calvert (Lead DSL)

Sr Francis (Headteacher)

Mrs C Clark (Deputy DSL Senior School)

Mrs Parnham (DSL Early Years)

Mrs Lewis (Deputy DSL Primary School awaiting training)

Sister Danuta (Boarding House DSL)

If you have any concerns for the safety or well-being of any of our children or adults please contact one of our DSL's immediately.

Safeguarding assembly for children in Years 3-11
During assembly Friday 6th October we will be talking to the children about how to keep themselves safe. We will help the children understand that it is

their right to be happy and safe and to encourage the understanding that any problem or worry that they may have is legitimate, and to share their worries – big or small – with their trusted adult; at home, at school, or with ChildLine.

The assemblies will be led by year 7 with the help of Mrs Calvert, Mrs Clark and Sister Danuta. The content will be delivered in a sensitive and age appropriate way.

During the assembly we will aim to give children:
An understanding of different forms of abuse including bullying, and an ability to recognise the signs of harm or abuse and a knowledge of how to protect themselves from all forms of abuse; an awareness of how to get help and sources of help, including ChildLine.

Health & Safety Notice

Final warning regarding parking at the front of the school. Please resist the temptation. The drivers of the mini buses had to bring the buses onto the grounds this morning as 4 cars were parked outside. This is a real danger to other pupils. Sr Francis is going to buy a clamp which will mean a £10 fine to charity to release your car.

Sr Francis and staff

