



Sacred Heart School

Newsletter 32: 9th June 2017

CELEBRATING 100 years of EDUCATION

Service Before Self.

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@SHS_Swaffham



Friends of Sacred Heart School

Mon 12 th June	7.00pm PTA Meeting in the Prep Room
Tues 13 th June	2.15pm – 5.15pm U9 & U11 Cricket v Glebe. Away
Wed 14 th June	3.45pm – 6.00pm U12 & U16 Rounders v DMHS. Away 4.00pm – 8.30pm Y9 / 10 GCSE Art pupils to Sainsbury Centre, Norwich to view Rana Begum's Colour and Light Exhibition and listen to her lecture. £6 entrance fee – no charge for transport
Sat 17 th June	10.0am – 11.30am School Open Morning followed by: 11.30am – 2.00pm Garden Fete. School Uniform to be worn
Tues 20 th June	9.15am Whole Lower School Assembly in the Gym
Weds 21 st June	3.45pm – 5.00pm U11 Rounders v Glebe. Home
Thurs 22 nd June	10.00am Mass in the Gym to celebrate Sr Thomas More's Jubilee and the feast of the Sacred Heart. All are welcome.
Mon 26 th June	Year 11 Leavers Day Out
Mon 26 th – Fri 30 th June	7.00am Monday Departure – 21.00 (approx.) Thurs 29 th Return. French Trip for Years 5 – 8
Tues 27 th June	7.30pm NarVOS Meeting entitled Butterflies
Thurs 29 th June	10.00am – 12 noon Little Pedlars Open Morning

Rebecca did it-

From Beginning



To End!



Rebecca Cotterill completed the 47.47 challenge and walked the Peddar's Way during Half Term. The funds raised will be used to upgrade the school ICT equipment.

Currently in the donations pot we have £747, but there are some more coming in and additional donations from friends and family that had already donated, but thought Rebecca deserved a little more.

Thank you all for your support, special thanks to Liselle who was able to update on my behalf throughout the day and Leanna & Isabelle for their beautiful posters and for being there at the finish with Sr Francis and the Goldsmiths with their banner and Krissie for taking care of the newspaper reports. It meant the world to Rebecca and to us as a family - a real team effort by SHS and an emotional end of an absolutely fantastic day. Thanks again, Claire Cotterill

If you would like to help please go online and support Rebecca at

www.justgiving.com/crowdfunding/rebecca-cotterill

Donations can be made to the office if you would prefer to support Rebecca's amazing effort that way.

Congratulations to Rebecca and her family for organising this event. Rebecca did really well but she was supported by friends and family along the way with sock changes and foot baths at every check point!

Book Fair - A big thank you to all who came and supported the Book Fair and in particular Mrs Dorling, her helpers and the Boarders. £475 worth of books were sold giving us £210 worth of books for the school - another amazing amount! Happily books seem to remain as popular as ever, in spite of internet competition and they do open up new worlds so important, in particular, to young minds! I firmly believe that all children benefit from a quiet bedtime story every night giving them time to unwind and calm down before sleep.

Miss Gooderson

French Trip Reminder – Now that the half term holidays are over, please could you bring to the office any passports and EHIC cards. Many thanks,
Mrs Ahrenfelt

Before half term Years 7, 8, 9 and 10 met Nitesh who came in to talk about Hinduism. He taught us how to meditate, he also taught us about 'The Divine' (which is the highest spirit beyond this world). Nitesh showed us the statues that he uses during his prayer time. Hindus believe that everyone reincarnates; he talked about the aim for all souls should be to stop being reborn and to become one with the Supreme Spirit. This is called moksha. It was very interesting and we all enjoyed it too! We would like to thank Nitesh very much.

Rebecca Cotterill. Year 7

At the end of Nitesh's speech he spoke about meditating. He explained that it is a very calm and relaxing way to show that you are ready and mindful. Then we had a go at meditating with him leading us. It was funny at first but we soon were seriously engrossed in what we were doing. He said that you could meditate any time and for however long you would like to try. You need to sit with your legs crossed and your back straight then close your eyes and slowly chant 'mmmmmmmm.'

Nancy Williams-Eley Year 7

We learned about 'namaste' this is a greeting to someone in Hindu. We also learned about writing in Hindu. These were symbols. Namaste is used throughout the world as a greeting. This is very

polite. You put your hands together and bow. This means peace and good wishes. *Lottie Napper Year 7*
Divali is the festival of lights. It shows that the gods are always with us and it lights the path to destiny. In devali they light lots of candles and it shows a beautiful display of light and whenever you see them you remind yourselves of all the gods.

Sam Miles & Jacob Taylor Year 7



Science Leadership

A group of superb Year 8 students led a Year 3 and 4 Science lesson with the assistance of Katelynn Keating, a past pupil, who is working with the school as part of her course on Forensic Science. The group designed an experiment that was all about solving a crime. The students had to work out the clues and identify the culprit. Luckily for us they were all very successful and it was a great activity. Thanks go to Abi, Leanna, Alice and Emily from Year 8 and Mrs Leader for helping the students.

Mr Dark



The next school challenge is 'Learn to ride Sr Francis' unicycle. I think there is a teacher volunteer? Pupils need to work in pairs to accept this challenge – one to hold and one to ride. It is all a question of balance and practise.

The Bach Music Challenge is ongoing as despite it being our ninth week we have not quite mastered the piece but are nearing perfection. Next Thursday is the finale!

Congratulations to Matilda, Isabelle and Rosabel on achieving Grade 1 in both ballet and tap.

Matilda received Honours in both ballet and tap and Isabelle and Rosabel received Highly Commended for ballet and Honours in tap.



The Sainsbury voucher promotion has now ended and the collection stands at 3150!

However, we are hoping that you may still have some vouchers that could increase the total! Please send them in as soon as possible so that they can all be included. Thank you.

Election Day at Sacred Heart School

This week the Year 7s have had lots of fun organising an election. Pupils and staff voted.

The results of the election were:

Tomorrow Party (Daisy Paris O'Brien) – 13 votes

Transform Party (Samuel Peter Miles) – 16 votes

Progress Party (Charlotte Grace Napper) – 23 votes

Vision Party (Samuel De Sousa Silva) – 23 votes.

This means our school vote is a hung Parliament like the recent General Election. Well done to all the parties. It was a very enjoyable and educational experience.

Charlotte Napper & Elizabeth Wainer Year 7



The GCSE Artwork may be viewed during Open Morning between 10.00am – 11.30am and 12.30pm – 1.00pm during the Garden Fete in the Barn Theatre from 10.00am

Open Day and Garden Fete are on Saturday 17th June. Open Day 10.00am – 11.30am; BBQ and teas 11.30 – 2.00pm; Garden Fete 12.00noon – 2.00pm. **We are anticipating a large number of visitors so would like many pupil and parent volunteers.** Last time escorting 47 families around the school required many helpers. Please step up and help.

Class Stalls:

Little Pedlars – Chocolate marshmallows, pressed flowers, book marks. Baby game
Year 1 / 2 – Flowery picture and sweets game
Year 3 / 4 – Chocolate on a card game
Year 5 / 6 – Homemade cakes, sweets and biscuits
Year 7 – Games and crafts
Year 8 – Chocolate Heaven
Year 9 – Recycled tins and terracotta plant pots
Year 10 – Face-painting, homemade lemonade, golf
The Garden Fete is approaching and we need to ask for the usual bottle (alcoholic if possible) and tombola / raffle prizes. This is the opportunity to offload unwanted Christmas presents. We require helpers to man the raffle, Bottle Stall, Teas, Tombola Stall, BBQ, and Bouncy Castle. If anyone has an unusual item of interest to bring to the event, like a vintage or super-fast car, please let us know. Any attractions would enhance the Fete.

The BINGO was an outstanding success in terms of punters and the amazing amount of money raised in 2 hours - £742

It was also great fun and quite addictive. Many of the staff and parents had not played 5 games of Bingo simultaneously. It was quite difficult to start with and I felt like a slow learner as I missed several of the first numbers called. My eyes glazed over and I knew what it was like to be in a classroom where everything was going over my head. The temptation to give up and just be there was great until suddenly I got it and with the help of Miss Oatridge learnt a basic skill – if the row is complete put a line through it and suddenly I found myself waiting for the number 20 and BINGO I had won the whole card and a trip on the light Walsingham railway. We were a competitive table and Mrs Calvert couldn't help expressing her feelings – I should have gone to Mass this morning with my class!!! That sentiment was expressed more than once when Miss Jude, our postulant, won a first line prize and Sr Danuta won the full card and got a cash prize of £20. To top it all both Sr Danuta and I won raffle prizes!
We are going to have another Bingo session in the Autumn – you need to come, the mixture of exhilaration, concentration and silence is something to be experienced. Everyone should try it once. A great thanks to Mr Paul Derby who had a digital Bingo machine and did an excellent job of calling. Josh and Cody's mum needs to be congratulated in her efforts to gain so many prizes from local

businesses and attractions. Thanks to all parents who supported this event with their presence or prizes.

Swimming Pool Reminder: The swimming pool is open and heated.

Years 3 – 10: Please ensure your child has: a named navy swimming costume or shorts. A named House colour swimming hat and a named towel.

Years LP – 2: Please ensure your child has:

A named one piece swimming costume or shorts, a named swimming hat, a named towel and named armbands if they are a non-swimmer.

Thank you. *Mrs Calvert*

Summer School 2017 – please advise if you would be interested in your child attending and let us know the dates that you would be most interested in.

Annual Pupil Permission Form and Medical Review Reminder:

Please complete and return the Pupil Permission & Medical Review Form as soon as possible. If there have been no new immunisations in the last year and you have previously provided dates, noting that section form, 'as before' in that section will be acceptable. Thank you.

Parking at the front of the school – despite our best efforts we are still having trouble persuading some parents that it is a dangerous habit and one day there will be a severe accident. Parents who walk to school report near misses! We know that the back of the school is also congested so perhaps the Seniors could be dropped off at the bottom of the road and walk up to school, thus allowing some parents to bypass the bottleneck.

Required anyone who can deliver Free School leaflets to villages or in Swaffham. Please see the Office.

There is no further movement on the Free School as the Government are behind with the previous phase. We continue to accept new pupils so that we can train them in the ways of the Sacred Heart School and provide that all round education which is so dear to the hearts of many.

**Learning Support
Vacancy from September 2017**

Little Pedlars Early Years Unit require a suitably qualified Level 3 Learning Support to start from September 2017

Please contact the office if you or anyone that you know requires an application form

If the numbers continue to increase in the Lower School we may require another KS2 teacher!!!

Sr Francis and staff