



Sacred Heart School

Newsletter 23: 10th March 2017

CELEBRATING 100 years of EDUCATION

Service Before Self.

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@SHS_Swaffham



Friends of Sacred Heart School

Sat 11 th March	7.20am – 9.30pm Flame at Wembley Arena, London
Mon 13 th March	7.00pm PTA Meeting in the Prep Room
Tues 14 th March	3.45pm – 5.15pm U16 Netball v St Clements. Home 5.00pm – 7.00pm Parents Evening Years 7 – 9 in the Gym
Weds 15 th March	3.45pm – 6.15pm U12 & U14 Netball v St Clements. Away
Thurs 16 th March	3.45pm – 6.15pm U14 Hockey v KES at Lynnsport. Away
Tues 21 st March	9.15am – 10.00am Little Pedlars Assembly in the Barn Theatre. Please help yourselves to tea & coffee
Weds 22 nd March	3.45pm – 6.15pm U14 Hockey v DMHS at Lynnsport
Thurs 23 rd March	3.45pm – 6.30pm (or 5.30pm at Smithdon). U14 & U16 Netball v Smithdon. Away
Saturday 25 th March	6.30pm – late. Traditional Ceilidh. Please see PTA information below
Tues 28 th March	7.30pm NarVOS in the Barn Theatre. An illustrated talk by Dr Pam Taylor, on Dragonflies
Weds 29 th March	3.45pm – 6.15pm U14 Hockey v KLA at Lynnsport
Thurs 30 th March	10.00am – 12 noon Little Pedlars Open Morning Afternoon Whole School Musical Showcase. Parents Invited
Fri 31 st March	House Hockey & Football 3.45pm End of Term
Mon 24 th April	8.30am Summer Term begins

Well done to the following pupils who have reached Star Award milestones:

Bronze (25): *Ava McInnes*

Silver (50): *Ruby Cockman, Isabelle Dorling, Bethany Lansdell, Abigail Wilkinson, Maddison Flynn, Gabriel Huckstep, Lauren McKnight, George Milne, Ivo Pickard, Grace Whelan,*

Well done to the following pupils who have reached Service Award milestones:

Silver (50): *Tara Nathan, Isaac Riedlinger,*

Lucy Brain, Daisy Goldsmith,

Gold (100): *Charlotte Napper*

Sapphire (125): *Elizabeth Wainer*

Well done to the following pupils who have reached Housepoint Award milestones:

Silver (50): *Andy Fernandes*

Turquoise (75): *Oskar Harris*

Ruby (175): *Elizabeth Wainer*

On Wednesday 8th March Years 5 & 6 went to Swaffham Museum to learn more about ancient Egypt. First of all we learnt how to be archaeologists. We were put into groups and dug for artefacts, some were new, some were old and then we logged them. We then went into a room filled with information about Howard Carter and Tutankhamun. We had 10 minutes to look around and dress up before we were tested on our

knowledge of ancient Egypt. There was an incredibly realistic replica of the tomb. We then went to the Council Chambers to eat lunch. Afterwards we went back to the Carter Connection Room for story time where we were told about Howard Carter's life and how he found the tomb of Tutankhamun. After that we coloured in some bookmarks and an Egyptian crown and we wrote in hieroglyphics around the outside. Last of all we went to the shop. We thoroughly enjoyed our visit and would love to go again. *Lucy, Grace and Olivia.*
Year 6



Last week Year 10 took part in creating a healthy, balanced meal. In our PHSE lessons we have been thinking of ways to improve our diet. We made a three course meal starting with tomato soup, cooked by Emily and Elizabeth. For the main, Jack and Charlie made meat and vegetarian pizzas. Mrs Ahrenfelt cooked sweet potato fries to go with the main course. Catherine made a salad. For desert, Kitty made carrot cakes and Connie made a fruit salad with ginger snaps. We all thoroughly enjoyed making lunch and we have learnt a lot about how to cook a healthy balanced diet.

Emily and Elizabeth Year 10



Careers Fair

On 9th March Years 9 & 10 went to the Norfolk Careers Festival. At the careers festival we were able to talk to the exhibitors about their professions and what path would be best for us. There was a wide range of careers, from college apprenticeships to Aviva. We all visited the stalls we wanted to view, so we could get an idea about what our future job could be. We all thoroughly enjoyed the trip and we are now thinking about what we could possibly do. *Charlotte Skerry. Year 9*

On 9th March Years 9 & 10 went to the Norfolk and Norwich careers and skills fair at the Norfolk Showground. We all found it very informative, as there were a lot of apprenticeships on offer. There were also universities and sixth forms there that could help us choose the next step after GCSE's. Some of the apprenticeships that were on offer were the army, agriculture, arts and drama, music, construction and many more. Everyone found the careers fair very helpful as this gave us ideas for the future. *Elizabeth Napper Year 10*



Little Pedlars, Year 1 and Year 2 (plus a couple of extras!) went to see 'Room on the Broom' at the Corn Exchange in Kings Lynn. It was very funny, the cat was cheeky and the dragon tried to scare us! We all had a lovely time. Mrs Parnham



Teo and Henry performing as dragons from the show (with their very own dragon masks).



Sports Reports:

On Tuesday the 28th February the U14 hockey team played a match against Marshland. The final score was 6 – 0 to Marshland. Well done to Hattie for getting girl of the game.

On 2nd March the U13's played a match against KES. The score was 21 – 11 to us. Well done to Alice and Lily for getting girl of the game.

On Wednesday 8th March the U14 netball team played a match against Smithdon. The end score was 16 – 3 to us. Well done to Lucy for getting girl of the game.

On 8th March the U16 netball team played a match against Smithdon High School's U14 team due to a mix up on their behalf. In the first half we scored nine goals whilst they scored zero. However, at half time we decided to change our usual positions for positions we rarely play. This gave us a chance to develop into versatile players and have a bit of fun seeing as this was our penultimate netball match.

The final score was 10 -1 to us. Thank you to Mrs Calvert and Miss Wookey for organising and umpiring such a successful match.

Madie Hitchcock Sports Prefect

Year 5-8 Visit to France

Monday 26th – Thursday 29th June 2017

Just a reminder that the final payment of **£184** is due if you have not already sent in payment.

Many thanks, *Mrs Ahrenfelt*

Thank you for all the Sainsbury Active Kids Vouchers -Total so far is 769. Please encourage friends and relations to collect for us as well. There is a collection box in the Middle School, or send them into the school office. Thank you.

Vivienne Phillips

Flame at Wembley Arena, London, Saturday 11th March. Please send in payment of £27 if you have not already done so.

Please arrive in school to leave promptly at 7.20am. We will return at approximately 9.30pm.

Thank you! *Sr Danuta*

Please return your completed Ceilidh form to let us know if you are able to attend and the number of tickets required! Thank you

PTA

***** SAVE THE DATE *****

Date: Saturday 25th March 2017

Venue: Sports Hall, Sacred Heart School

Time: 18:30 - late

Ticket: £15 per adult, £5.00 per child (under 3's £3.00). **Please note amended prices**

Celebrate spring with family and school friends at a traditional Ceilidh! With a fantastic ceilidh band making the evening go with a swing, complete with it's own caller for all the dances, there will be a Hog Roast, and promises of Norfolk Ale with a cash bar. A great night awaits to shake away the cobwebs ahead of the start of Easter!

Kilts welcome (knobbly knees optional!), please mention to friends and family, and help support the Sacred Heart PTA with some great ticket sales. (Please note: tickets have already been in high demand, so please don't miss out!

To get your ticket please contact **tashmilne@hotmail.co.uk** or call **07715443742**, tickets also available from SH school office.

Sr Francis and Staff