



Sacred Heart School

Newsletter 22: 3rd March 2017

CELEBRATING 100 years of EDUCATION

Service Before Self.

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@SHS_Swaffham



Friends of Sacred Heart School

Sat 4 th March	11.00am – 6.00pm ISA National Cross Country
Wed 8 th March	9.30 – 2.30pm Years 5 & 6 Ancient Egypt Swaffham Museum 12.30pm – 3.30pm Little Pedlars, & Years 1 & 2 to see 'Room on the Broom' 3.45pm – 6.30pm U14 & U16 Netball v Smithdon. Away
Thurs 9 th March	8.30am – 2.30pm Years 9 & 10 Norfolk Skills and Careers Festival at Norwich Showground
Sat 11 th March	Flame at Wembley Arena, London
Mon 13 th March	7.00pm PTA Meeting in the Prep Room
Tues 14 th March	3.45pm – 5.15pm U16 Netball v St Clements. Home 5.00pm – 7.00pm Parents Evening Years 7 – 9 in the Gym
Weds 15 th March	3.45pm – 6.15pm U12 & U14 Netball v St Clements. Away
Thurs 16 th March	3.45pm – 6.15pm U14 Hockey v KES at Lynnsport. Away
Tues 21 st March	9.15am – 10.00am Little Pedlars Assembly in the Barn Theatre. Please help yourselves to tea & coffee
Weds 22 nd March	3.45pm – 6.15pm U14 Hockey v DMHS at Lynnsport 5.30am for 6.00pm performance. LAMDA Speech & Drama Evening in the Barn - POSTPONED
Thurs 23 rd March	3.45pm – 6.30pm (or 5.30pm at Smithdon). U14 & U16 Netball v Smithdon. Away
Saturday 25 th March	6.30pm – late. Traditional Ceilidh. Please see PTA information below
Weds 29 th March	3.45pm – 6.15pm U14 Hockey v KLA at Lynnsport
Thurs 30 th March	10.00am – 12 noon Little Pedlars Open Morning Afternoon Whole School Musical Showcase. Parents Invited
Fri 31 st March	House Hockey & Football 3.45pm End of Term

Well done to the following pupils who have reached Star Award milestones:

Copper (10): *Ava McInnes*

Bronze (25): *Kayleigh Blyth*

Silver (50): *Scarlett Clarke, Olivia Knitter, Sophie Restall, Ravon Valentine, Matilda Ahrenfelt, Tabitha Jones, Rosabel Pickard, Oliver Bourdon, Isobel Clifton*

Well done to the following pupils who have reached Service Award milestones:

Silver (50): *Olivia Clifton, Harry McKnight, Thomas McDermott, Tom Cory*

Turquoise (75): *Lucy Brain, Eliza McRann, Grace Cushing, Alice Trafford*

Well done to the following pupils who have reached Housepoint Award milestones:

Silver (50): *Nestor Bausbacher*

Turquoise (75): *Lucy Brain, Leanna Dorling, Alice Trafford*

Years 1 & 2 Assembly

This term, Year 1 and Year 2 have been finding out about people chosen to do God's work in the Old Testament. In their class assembly on Tuesday they told the story of "Joseph."

The assembly concluded with the children singing a counting song they have learnt in their Mandarin lessons.

All the children worked hard to give a brilliant performance. Special mention must be made of Tabitha and Grace who stepped in at the last minute to cover for some members of the class who were ill. Well done to you all! *Mrs Riedlinger*



On Tuesday 28th February, the Years 5 & 6 went to a pancake race in the town. Lucy and Olivia and Grace and Seth were our two teams. Both teams got to the second round but both lost. Tesco were the winners. Thank you to the Swaffham Lions for organising such a fun event. *Grace Cushing Year 6*



As part of their work on the Stone Age Year 3 and 4 made their own collage cave art pictures. We had lots of exciting materials brought in such as fur, twigs, grass and even a part of a real Roe deer! We held a competition for the top three imaginative pictures and Rebecca Whelan, Charlotte Pomeroy-Aldridge and Sam Rock won! Everyone did brilliantly and all gained some house points. *Mrs Wilson*



Years 3 & 4's Science topic this half term is 'sound.' Here we are exploring the way that sound travels through water and along the string of a plastic cup telephone! *Mrs Leader*



Frugal Meal –On 2nd March the whole school participated in the annual Frugal Meal, in recognition of the divide between the rich and poor of the world. Three students from Year 11 represented the rich, eating a substantial meal of

their choice, whereas the rest of the school ate a minimal meal of bread, cheese and an apple. We tried to emulate the proportions of rich and poor in the world by having three rich people.

Before the meal, Charlotte Reid, the Charities Prefect, spoke and outlined some key facts about poverty and how the rich are a minority in society. This emphasised, to students of all ages, the importance of collecting money for the poor, especially during Lent.

We would like to thank the kitchen staff for preparing both meals, rich and poor. They were greatly appreciated. *Samantha Brain, Head Girl, Aeysha Cundy, Music Prefect. Year 11*



These are the words read to the school by Charlotte Reid, Charity Prefect:

Today we are having a rich and poor man meal. This meal made us realise how many people there are who have hardly anything to eat and how the rich people are in the minority of the world's population. What does poverty mean? According to the Oxford dictionary poverty means 'the state of being extremely poor'.

Some facts about poverty:

- There are 805 million people worldwide that do not eat an adequate amount of food.
- There are about 1 billion children worldwide who face living in poverty
- Nearly 1/2 of the world's population live on \$2.50 a day and more than 1.3 billion people live on less than \$1.25 a day.
- Over a third of Africa lacks clean water which is nearly the population of the United States and Canada combined.
- About 1.3 billion tonnes of food is lost or wasted every year.

However there are many charities who are willing to help people who are living in poverty charities like:

- Oxfam.
- Save the Children.
- ActionAid.
- CARE International.
- Christian Aid.
- The British Red Cross.
- UNICEF.

Congratulations to Grace Cushing who is pictured accepting her certificate and award at the district final of the Rotary Club Young Musician of the Year competition.



The awards were divided into instrumental and voice. Grace came runner up in the voice section. The next stage is the regional final in Colchester on 19 March and we wish her every success!

Lenten almsgiving

The money saved from our fasting meal today of a cheese roll, apple and a glass of water will be added to the amount of money that pupils will collect during Lent. Everyone has been given a Cafod box and have been asked to collect small change and to make particular personal sacrifices like a packet of crisps or a Costa coffee. If small sacrifices are made every day by children and families we will amass quite an amount for the poor and homeless. Please return the boxes named and counted after the Easter holidays. We need to remember how fortunate we are there are enough resources for the whole world if we share them.

Open Day was a great success with much interest in the Free School but some wishing to start earlier. Thank you to all staff, parents and pupils who willingly gave up a Saturday morning to show our visitors around. We always have so many compliments about how confident pupils are, how they seem to love the school and this time there were comments about the friendly relationship between pupils and staff. These are not hand-picked pupils, we are proud to say that we can rely upon any student to present a positive side to our school and this seems to be a best seller for prospective parents who realise that this attitude comes from parents as well as the ethos of the school. There were some worries from new parents that there would not be enough places in the Free School, particularly those out of our catchment area. The Year 7 class will open with 75 pupils in 3 classes. To gather this number of pupils we will need to draw from our usual catchment area of our 15 mile radius. This way we will not be seen to be poaching children from any particular school. At the moment there are 48 parents who have shown an interest in Year 7 which is a healthy number for 2018. There should be a 2 Form entry in Year 3 with 24 pupils in a class and in order to keep the school relatively small only a one Form entry from Little Pedlars. Please continue to ask parents to fill in the interest form. We are also asking parents to say why they would choose Sacred Heart over another school so that we can amass useful evidence for the Application Form and interview regarding parental choice in the area.

Flame at Wembley Arena, London, Saturday 11th March. Please send in payment of £27 if you have not already done so. Please arrive in school to leave promptly at 7.30am. We will return at approximately 9.30pm. Thank you! *Sr Danuta*

Year 5-8 Visit to France

Monday 26th – Thursday 29th June 2017

Just a reminder that the final payment of **£184** is due this Monday (6th March). Many thanks,
Mrs Ahrenfelt

Sainsbury Active Kids Vouchers -Total so far is****

536. We are collecting the vouchers, so please encourage friends and relations to collect for us as well. There is a collection box in the Middle School, or send them into the school office. Thank you.
Vivienne Phillips

PTA

***** SAVE THE DATE *****

Date: Saturday 25th March 2017

Venue: Sports Hall, Sacred Heart School

Time: 18:30 - late

Ticket: £15 per adult, £5.00 per child (under 3's £3.00). **Please note amended prices**

Celebrate spring with family and school friends at a traditional Ceilidh! With a fantastic ceilidh band making the evening go with a swing, complete with it's own caller for all the dances, there will be a Hog Roast, and promises of Norfolk Ale with a cash bar. A great night awaits to shake away the cobwebs ahead of the start of Easter!

Kilts welcome (knobbly knees optional!), please mention to friends and family, and help support the Sacred Heart PTA with some great ticket sales. (Please note: tickets have already been in high demand, so please don't miss out!

To get your ticket please contact **tashmilne@hotmail.co.uk** or call **07715443742**, tickets also available from SH school office.

Life Before Computers:

Window was a square hole in a room

Application was something written on paper

Mouse was an animal

Keyboard was a piano

File was an important office material

Hard drive was an uncomfortable road trip

Cut was done with a knife and

Paste was done with glue

Web was a spider's home

Virus was flu

Apple and Blackberry were just fruits.

Sr Francis and Staff