



Sacred Heart School

Newsletter 11: 25th November 2016

CELEBRATING 100 years of EDUCATION

Service Before Self.

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@SHS_Swaffham



Friends of Sacred Heart School

Fri 25 th Nov	Swaffham Christmas Light Switch-On by Sr Francis. Event runs from 2pm – 8pm. The school will perform 3.15pm – 3.45pm. The switch-on is at 6.00pm
Tues 29 th Nov	3.45pm 6.30pm U16 Mixed Hockey Tournament at Lynnsport
Wed 30 th Nov	7.00pm 'Preparation for Advent' in the Our Lady of Pity Church. Songs and reflections followed by refreshments in the Parish Room. All proceeds going to the Sisters' Mission in Uganda. Everyone welcome. Pupils are performing
Thurs 1 st Dec	10.00am – 12 noon Little Pedlars Open Morning 3.45pm – 6.45pm U14 Boys Basketball v KLA. Away
Fri 2 nd Dec	4.30pm – 6.30pm Christmas Bazaar Refreshments available 6.00pm – 7.15pm Choir plus volunteers to RAF Marham
Tues 6 th Dec	3.45pm – 6.10pm U14 Mixed Hockey Tournament at Lynnsport
Thurs 8th Dec	2.00pm and 5.30pm Carol Concert Operetta for all pupils and parents (approx. 1 hour for each performance)
Fri 9 th Dec	7.30am – 5.00pm ISA Junior & Senior Cross Country
Tues 13 th Dec	12noon Christmas Lunches followed by Christmas Parties and conjurer
Weds 14 th Dec	House Netball 3.45pm End of Term
Thurs 15 th Dec	7.00pm Town Carol Concert, Volunteers required for the nativity tableau
Fri 16th Dec	7.00pm – Late. Whole School Christmas Party. Family & Friends Welcome. Live Music by The Strollers and Hog Roast and vegetarian option. Adults £15, Children £7.50 in the marquee within the Sports Hall. Tickets available
Thurs 5 th Jan 17	8.30am Return to school
Mon 16 th – Wed 18 th Jan 17	8.30am – 3.45pm Year 6 Assessment and Scholarship Days

Well done to the following pupils who have reached Star Award milestones:

Copper (10): Oliver Bourdon, Isobel Clifton, Ruby Cockman, Isabelle Dorling, Jamison Valentine, Abigail Wilkinson, Grace Whelan, Kayleigh Blyth, Ryan Duart, Olivia Knitter, Lauren McKnight, Ivo Pickard, Ravon Valentine,

Well done to the following pupils who have reached Housepoint Award milestones:

Bronze (25): Emilia Judges, Sonny Harris, Josh Allen, Charlotte Pomeroy-Aldridge, Verity Yazdian-Tehrani
Silver (50): Grace Cushing, Lucy Brain

Well done to the following pupils who have reached Service Award milestones:

Bronze (25): Andy Fernandes

Well done to these people who have been elected to the school council. Thank you for voting. It was nice to see that so many people said that they would like to be on the school council. We will take other people's ideas and mention them in the council

meetings. Thank you to Mrs Riedlinger and Benita, (LS Prefect) for organising the election.

Grace Cushing (Yr6) and Tara Nathan (Yr5)

School Council Members

Little Pedlars: *Inara Huckstep and Teo Ahrenfelt*

Year 1: *Ivo Pickard*

Year 2: *Matilda Ahrenfelt*

Year 3: *Lily Traylor*

Year 4: *Evie Hemming*

Year 5: *Tara Nathan*

Year 6: *Grace Cushing*



Marketing Event 22nd November 2016

The Marketing Committee organized a stall at a new School's Marketing venture at Sprowston Hall. Nearly all the Norfolk and Suffolk Independent Schools were present. It should have been an excellent event but unfortunately there were only about 20 families to share between the 20 schools. It was a good time to network with other schools but not productive for encouraging others to be interested in our school.

Mrs Pomeroy and Mrs Dorling organised our stall and stayed the whole of Sunday with their daughters, Lottie, Leanna, and Isabelle. Sr Francis, Miss Liridona and our Kosovon termly boarder, Lea visited the stalwarts to see if they could help. The pupils gained 10 service awards for their efforts and patience and I think the parents deserved them as well. The children were very courageous and went over to the main hotel to see if they could encourage more people to attend and to distribute some of the 1000 goodie bags that had been prepared. Lottie did not think that they should be called goodie bags as they had no goodies in them just leaflets. They went around the stalls and gained amazing 'trophies'.



E Safety

In our session the police officer talked about the apps that are available on the internet such as, YouTube and Facebook. We learnt that if you do not know the people and they send you a friend request you should not accept it. We also learnt that if there is something inappropriate that comes up on YouTube to block the video or report it. You should never talk to strangers online.

Nicolas and Sam Year 4

On Tuesday the 22nd November 2016 we had a talk about E-Safety by a community police officer from the Swaffham Police Station. The police officer's name was Officer Tampin and she talked about lots of different things about safety but her main talk was about E-Safety when on social media and even on some video games. She told us that if you see an inappropriate picture online you either flag it or you

report it. You also don't send rude pictures to your friends otherwise it might get out on the internet. It is called a criminal offence; you could get a criminal record for this. Overall the talk was very good and gave us a lot of information about keeping safe when on online.

Rebecca Cotterill & Charlotte Napper Year 7

On Tuesday 22nd November we had a talk about E safety by a police officer called Officer Tampin. She talked about how we shouldn't take rude or inappropriate pictures and send them to social media websites, such as Facebook, Twitter or WhatsApp. She told us the dangers and what would happen if a photo was sent. She told us that if you send a picture it could be a criminal offence. Officer Tampin also said people come to Swaffham Police Station just because they or someone else sent pictures online and often that is too late. Overall it was a great talk and I really listened to what she said, she was really comforting and it was great talking to her.

Leanna Dorling & Thomas McDermott Year 8

The e-safety talk on Tuesday was very interesting. Officer Tampin came to talk to our year. She explained to us about all the different types of bullying on the internet, what could happen if you send inappropriate photos to your friends and what can happen if your friends send a photo you sent to your friends and they then send it to their friends and how it can travel around the school or internet in seconds. One thing that all of us will remember is that if anyone sends you an inappropriate photo don't send it to others. Just ignore it. We all learnt a lot from this talk and we will all probably remember what to do and what not to do while using the internet. *Harriet Horton & Hannah Turner Year 9*

In our E safety talk we were told how to stay safe online. Although the internet helps us in many ways, there are dangers we must be aware of, some of which we learnt about in our talk. We were surprised at how often criminal incidences on the internet occur and how they happen everywhere – even in Swaffham. Not only were we made aware of these issues, we were taught how to avoid them and stay safe online. This will be a valuable lesson to all ages, especially with the growing amount of technical advancements. *Connie & Aurelia Year 10*

We experienced a talk from a police officer about how we can stay safe online. We all learned a lot of surprising things and some of the things she told us were fairly shocking. It was incredible how much damage one can do with mobile phones. We are all very thankful for the talk and can now inform others about how to stay safe online.

Madie, Clarissa & Shauna Year 11

Head Girl Prize Giving Speech 2016

I would like to begin by thanking Mrs. Kenny for joining us this evening as our guest speaker. Mrs. Kenny retired earlier this year after many years of teaching at the Sacred Heart School. She is one of the many outstanding teachers that continue to help the school after retirement; she is currently our governor for safeguarding. Mrs. Kenny taught me for the last 4 years of her career and I would not only like to thank her for her contribution this evening but also for making geography one of my favourite subjects.

As head girl and a pupil at the Sacred Heart School since the age of 3, I have first-hand experience of the unique nature of this fantastic school. For me the Sacred Heart School has become like a second home. Through their Christian values of being kind, caring and giving the Sisters and staff have created a safe, caring and loving environment in which all students can and do flourish.

Despite being a small school the Sacred Heart offers its pupils the chance to be involved in many academic, sporting, artistic and musical opportunities of great variety, which would probably not be available at other schools. These activities allow each student to grow as a person and develop in independence and confidence. I feel that my personal development has benefited greatly from the opportunities that I have been given at the school. This has been highlighted recently as a result of writing my personal statement for sixth forms, in which I have been able to present a significant amount of achievements in creative and academic subjects, all of which have been made possible as a result of being part of this fantastic school.

The skilled and knowledgeable staff continuously give of their time, energy and enthusiasm to get to know each pupil individually, to understand their interests, strengths and weakness and to work with them to achieve their best potential. From a young age pupils are encouraged to perform and are given the confidence to stand up in front of audiences. I remember when I was younger I sang a solo at the Christmas Carol Concert. I remember being very nervous but through the encouragement of my teachers and the team spirit and support of my friends, I was able to perform well. Now as a year 11 pupil this positive experience together with numerous others has led to my confidence in the arts, performing and speaking, which are skills I will continue to take with me through life.

The Sacred Heart is a warm and welcoming school where everyone knows one another and where the older children take care of the younger children. This ethos of caring extends not just within the school but outside to the wider community. A most recent example of this is the holiday challenge

completed during the October half term. Filling shoeboxes for the Samaritan's Purse charity was supported enthusiastically by all pupils, who crammed their shoeboxes with fun and thoughtful gifts to put a smile on the faces of children around the world living in less fortunate circumstances than ourselves.

It is with these core values that our school encourages pupils to be well prepared for the world and its challenges outside the classroom, and it is with these qualities that I believe our school will continue to thrive and succeed with the changes that lie ahead of it. I would like to wish Sister Francis, the Sisters and staff all the very best for the future, wish all of the pupils every success and say a special thank you from the heart, to everyone at the school, for giving me my own unique experience.

Samantha Brain

On the 22nd of November the U16 netball team played a matched against Downham Market.

Unfortunately we lost 2-15. We tried really hard and considering 5 out of the 7 players were not in Year 11 and familiar with our team we did really well, so thank you to all those who played 'up.' Well done to Madie Hitchcock who got girl of the game. Thank you to Mrs Calvert, and Miss Wookey for organising and umpiring such an enjoyable match. On the 23rd of November the U16 hockey team played a match against KES. The game was split into two halves. In the first half we did not score any goals. However due to an inspirational team talk by Mrs Calvert, we pulled together as a team both in defending and attacking and scored 2 goals. The final score was 2 – 5 to them. Well done to Hattie who was voted 'girl of the game.' Thank you to Mrs Calvert and Miss Wookey for organising and umpiring such an enjoyable match. *Madie Hitchcock Sports Prefect*

Some of the PTA Christmas Card Fundraising designs are shown below:



The Bazaar takes place on 2nd December between 4.30 and 6.30pm. This is a school event and all pupils are expected to attend. We hope that it is at a convenient time and apart from very young children, all pupils will stay at school.

We would ask you to provide something for the class stall as well as a bottle per child, preferably an alcoholic version. This PTA stall is our most financially successful stall and we would like to make it brilliant. The more bottles the greater financial return. The stalls are:

PTA: Raffle, Bottle Stall, BBQ & Café and Bouncy Castle.

Little Pedlars, Year 1 & 2: Filled Jars, Christmas Decorations, Name the Film and a Game.

Years 3 & 4: Name the Baby, Christmas Decorations, Christmas Cake Raffle

Years 5 & 6: Homemade Cakes/ Biscuits/ Sweets & Games

Year 7: Sock Animals (curious creatures), Gift Tags & Jars with Chocolates

Year 8: Santa and his Reindeer Games

Year 9: Golden Christmas (Hamper Prize/ Lucky Number)

Year 10: Guess the Number of Balloons in the Tent, Hunt the Candy Cane, Human Fruit Machine

Year 11: Face Painting, Homemade Socks, House Stalls.

Final Reminder for School Christmas Sugar Collection – supporting shelters in East Anglia for the homeless and families in crisis. Please bring your donations of sugar, tea or coffee or non - perishable items to school by **Monday 28th November**. Thank you

Final Reminder - The PTA ‘Chocoholics’ chocolate gift orders should be returned by 2nd December. Prize commission from orders will be used for raffle prizes for school events so all orders, big or small, when added together will make a difference.

The Churches Together are asking all school children to write a Christmas poem. These will be entered into a competition. Years 7 – 11’s 12 line poems have been submitted to the Town Carol Concert. As usual, we will be seeking pupils to take part in the Nativity Tableau on Thursday 15th December at 7.00pm. Instrumentalists and soloists are also sought.

Under the directorship of Miss Williams the whole school is producing an Operetta. Ideas have been shared in class and Miss Williams has written and composed the Sacred Heart’s own Operetta. This is a fantastic achievement and all the pupils are

getting into the spirit of what will be a truly different slant on the birth of Jesus. Be prepared to be amazed. In order to enhance their understanding of opera Years 5 – 9 were privileged to be at the Theatre Royal for ‘A behind the scenes with Don Giovanni.’ I was beginning to have doubts about the age appropriate suitability and content of this Glynborne production of Don Giovanni but was right to trust Miss Williams’ good judgement. It was a sensational interactive commentary on how an opera works. The pupils watched spell bound. Someone will give their views next week.

Like all operas ours will have both comedy and tragedy and a range of voices and drama. We are going to sell £5 tickets for the two productions, one at 2.00pm and the other at 5.30pm. This will include a glass of mulled wine and a mince pie. We would expect all pupils, however young to attend both performances as everyone has a significant part to play. The money will be for charity, to be decided by the Charity Prefect and Y11.

Please apply to the office for tickets. (Children under 12 are free)

The Christmas Party will be held in our Grand Marque in the Sports Hall with music provided by a live band, the Strollers, on Friday 16th December from 7.00pm. Tickets are on sale at the office at a cost of £15 for adults and £7.50 for children which includes a hog roast or vegetarian option.

We need to make this a great event.

Scholarship Days for Year 6 will take place on Monday 16th – Wednesday 18th January 2017. Scholarships are available on entry to Senior School and are awarded on merit. Everyone in Year 6 will be assessed and the most successful candidate will be given an academic award up to a maximum of 50%. Scholarships are not related to parents’ income.

Sr Francis and staff