



Sacred Heart School

Newsletter 10: 18th November 2016

CELEBRATING 100 years of EDUCATION

Service Before Self.

e-mail– info@sacredheartschool.co.uk www.sacredheartschool.co.uk 01760 721330



@SHS_Swaffham



Friends of Sacred Heart School

Tues 22 nd Nov	Years 1, 2 & 3 Influenza Vaccination 3.45pm – 5.30pm U14 & U16 Netball v DMHS. Away
Weds 23 rd Nov	3.45pm – 6.10pm U16 Hockey v KES at Lynnsport
Thurs 24 th Nov	5.30pm at school – performance at 7.15pm - return to school approx. 10pm. Years 5 – 9 & Yr 10 GCSE to Don Giovanni: Behind the Curtain at Norwich Theatre Royal. Any Yr 10 / 11 pupils interested, please advise
Fri 25 th Nov	Swaffham Christmas Light Switch-On by Sr Francis. Event runs from 2pm – 8pm. The school will perform 3.15pm – 3.45pm. The switch-on is at 6.00pm
Tues 29 th Nov	3.45pm 6.10pm U16 Mixed Hockey Tournament at Lynnsport
Wed 30 th Nov	7.00pm 'Preparation for Advent' in the Our Lady of Pity Church. Songs and reflections followed by refreshments in the Parish Room. All proceeds going to the Sisters' Mission in Uganda. Everyone welcome. Pupils are performing
Thurs 1 st Dec	10.00am – 12 noon Little Pedlars Open Morning
Fri 2 nd Dec	4.30pm – 6.30pm Christmas Bazaar Refreshments available 6.00pm – 7.15pm Choir plus volunteers to RAF Marham
Tues 6 th Dec	3.45pm – 6.10pm U14 Mixed Hockey Tournament at Lynnsport
Thurs 8th Dec	2.00pm and 5.30pm Carol Concert Performances for all pupils and parents (approx. 1 hour for each performance)
Fri 9 th Dec	11.00am – 3.00pm ISA Junior & Senior Cross Country
Tues 13 th Dec	12noon Christmas Lunches followed by Christmas Parties and conjurer
Weds 14 th Dec	House Netball 3.45pm End of Term
Thurs 15 th Dec	7.00pm Town Carol Concert, Volunteers required for the nativity tableau
Fri 16th Dec	7.00pm – Late. Whole School Christmas Party. Family & Friends Welcome. Live Music by The Strollers and Hog Roast and vegetarian option. Adults £15, Children £7.50 in the marquee within the Sports Hall. Tickets available
Thurs 5 th Jan 17	8.30am Return to school

Well done to the following pupils who have reached Star Award milestones:

Copper (10): *Matilda Ahrenfelt, Tabitha Jones, Bethany Lansdell, Rosabel Pickard, Leo Williams, Scarlett Clarke, Maddison Flynn, Gabriel Huckstep, George Milne, Sophie Restall*

Well done to the following pupils who have reached Housepoint Award milestones:

Bronze (25): Charlotte Skerry

Silver (50): Hannah Turner

Well done to the following pupils who have reached Service Award milestones:

Lea Buzhala, Charlotte Skerry, Hannah Turner

Years 5 to 9 with the Y10 GCSE Music Group will be going to see Don Giovanni behind the scenes on Thursday kindly organised by Miss Williams. She wishes the pupils to know more about opera as the classes are helping her write a Christmas Opera for our Carol Concerts on 8th December. Pupils need to be in school by 5.30pm as the coach leaves promptly at 5.45pm and returns at approximately 10.00pm. Please bring a packed tea unless going home.

We have a limited number of tickets available.

Tickets will be available on a first come first served basis and will cost £15 which includes coach transport from school. If you would like to attend this performance please advise the office.

Just a reminder to say that only Year 10 and 11 will be allowed to go to town after school and then only if written permission from parents is given.

Remembrance Service at St Peter & St Paul church and on Remembrance Day at the War Memorial

The choir sang 'Abide with Me' and Elizabeth Napper and Emily Ringwood sang Panis Angelicus in harmony. Their beautiful voices echoed sweetly and powerfully through the whole church.

Anne Thorpe, The Honourable Secretary of the Royal British Legion wrote:

'I would just like to thank the pupils for singing so charmingly to us at our Festival. Such lovely voices for ones so young. The evening was a great success.'



U16 Netball National Schools Regional Tournament



On Saturday 12th November the U16 Netball team attended the National Schools Regional Tournament, in which they qualified for earlier in the term. Our first two games were very tough playing to an extremely high standard against Norwich school and Wymondham High. Unfortunately we were unsuccessful and lost both the games. Our team kept their spirits up and were determined to play even better in our remaining two matches. The girls went on to draw against Lynn Grove and win their final match against Alderman Peel. Well done to the eight girls that played captained by their very motivated captain. Also, on the 12th of November the U16 netball team went to the Norfolk county finals. The team played four matches, unfortunately we lost three but we won one which means we do not qualify for the next round. As captain, I was really proud of how the team played and worked together and encouraged each other. Thank you to Connie who, played with us and was a versatile player allowing us to switch on and off and she would go to any position. Thank you to Miss Wookey and Mrs Calvert for taking time out of their weekend taking us, coaching us and supporting us. *Maddie Hitchcock, Sports Prefect.*

ISA Senior Swimming Gala



The Senior swimming team followed in the Junior's footsteps this week and competed in the ISA swimming gala at Crowns Pool, Ipswich. All of the team showed a great determination to swim well and special recognition goes to Elizabeth Napper and Jack Reed who both swam the individual medley, which consists of 50m of Butterfly, 50m Backstroke, 50m of Breaststroke and 50m of Freestyle. Overall the girls finished 5th out of ten schools and Jack and Joe Reed made up the Year 9 and 10 boys age category also finished fifth in their group. *Mrs Calvert*

Letters to our pen pals are ready to send!

This week, pupils in Years 5-8 have been writing letters in French to pupils from a primary school in Outreau, France. Once the French school has received our letters, each pupil will be assigned a pen pal and will receive a letter from them. We are so lucky to have the opportunity of meeting our pen

pals and chatting to them, as we will be spending a morning with the French school during our visit in June. This is language & cultural immersion at its very best! *Mrs Ahrenfelt*



The ISA Eastern Region Art Competition was a celebration for the creativity and talent of pupils across the region. The fine artist Issam Kourbaj was this year's independent judge. The pupils achieved the following results:

First Prize – Sophia Free Key Stage 4 (Art 3D), Cassandra de Oliveira. Key Stage 3 (Sketchbook)

Second Prize – Aeyesha Cundy. Key Stage 4 (Sketchbook), Aurelia Eburne. Key Stage 3. (Textiles)

Highly Commended: Julian Seyi Oseni (Drawing). Congratulations. First prize winning artwork was exhibited at the Belton Hotel in Grantham at the National ISA Art Exhibition. The standard was incredibly high and our work was given a prominent position. Congratulations to Sophie and Cassandra whose work will be printed in the ISA Art Catalogue later in the year.

All children (Year 3 and up) wishing to participate in football practise must wear shin pads with football/hockey socks.

Tuesdays – Year 7 and up

Fridays Years 3 – 6

Mrs Calvert & Mr Hodges

School Christmas Sugar Collection – supporting shelters in East Anglia for the homeless and families in crisis. Please bring your donations of sugar, tea or coffee or non - perishable items to school by **Monday 28th November**. Thank you

On Wednesday 30th November there will be 'Preparation for Advent' in the Our Lady of Pity Church with songs and reflections followed by refreshments in the Parish Room. All proceeds will go to the Sisters' Mission in Uganda. Everyone welcome. Some of our pupils have been asked to perform during this special preparation for Christmas. Everyone is welcome and this is a good spiritual antidote to our commercialised Christmas.

The Bazaar takes place on 2nd December between 4.30 and 6.30pm. This is a school event and all pupils are expected to attend. We hope that it is at a convenient time and apart from very young children, all pupils will stay at school.

We would ask you to provide something for the class stall as well as a bottle per child, preferably an alcoholic version. This PTA stall is our most financially successful stall and we would like to make it brilliant. The more bottles the greater financial return. The stalls are:

PTA: Raffle, Bottle Stall, BBQ & Café and Bouncy Castle.

Little Pedlars, Year 1 & 2: Filled Jars, Christmas Decorations, Name the Film and a Game.

Years 3 & 4: Name the Baby, Christmas Decorations, Christmas Cake Raffle

Years 5 & 6: Homemade Cakes/ Biscuits/ Sweets & Games

Year 7: Sock Animals (curious creatures), Gift Tags & Jars with Chocolates

Year 8: Santa and his Reindeer Games

Year 9: Golden Christmas (Hamper Prize/ Lucky Number)

Year 10: Guess the Number of Balloons in the Tent, Hunt the Candy Cane, Human Fruit Machine

Year 11: Face Painting, Homemade Socks, Elephant Stall

The PTA 'Chocoholics' chocolate gift orders should be returned by 2nd December. Prize commission from orders will be used for raffle prizes for school events so all orders, big or small, when added together will make a difference.

The Churches Together are asking all school children to write a Christmas poem of 12 lines for their annual competition when the town celebrates their Carol Concert. As usual, we will be seeking pupils to take part in the Nativity Tableau on Thursday 15th December at 7.00pm. This one is inspired by the shoe box appeal:

*I've written this poem to tell a tale
Of children afar and near,
Whose lives are filled with poverty
famine, war and fear*

*A little box of hope and joy,
A treasurer's chest to warm the heart
A reminder of the love sent from the world,
We are here and not apart.*

*The smiles appear and all enjoy
The wonders which we send.
But the great gift they'll ever know
Is Jesus Saviour, friend.
Aeyesha Cundy Y11*

The Banquet of Christmas

*Christmas is a wonderful time of year
The smell of spices fills the room.
The Christmas tree sparkles,
like a thousand diamonds.
The presents around the Christmas tree
surround it, ambushing it at every corner.
The fresh holly wreath is a joy to behold,
The bright zinging of colours jump out at you.
This day is more than Christmas
It is a day of celebration.*

*I wake up on Christmas morning
to the blanket of white, crisp, snow.
Snowflakes are dancing in the wind,
It really felt like Christmas.
In anticipation I rushed out of bed
And ran down the stairs.
My heart was filled with joy
With what I saw downstairs
It was my mother and father
preparing the Christmas dinner.
This is a banquet fit for a king.
Alice Rutter, Y11*

*Dear Santa for Christmas I would like:
An end to war because I do not feel safe any more.
An end to poverty because we should all be equal.
An end to bullying because I feel intimidated.
An end to racism because we are all the same.
An end to social justice because who cares about
status or class because you are who you are.
An end to human or animal abuse because it is
disgraceful.
An end to sexism because why can't a woman do
what a man does?
An end to money being someone's drive in life?
Why can't love be your drive in life?
Charlotte Reid, Y11*

Christmas Eve 1916

*I've been surrounded by soldiers all day
But I've never felt more alone.
I witnessed my best friend, Bill die today.
I miss him so much.
It's freezing in these cold and muddy trenches.
I hear I'll be going over the top soon
Into no man's land, the point of no return.
I see the General arriving with our gifts.
I believe they're from family and friends.
I wish everyone a merry Christmas.
Jack Reed, Y10*

**LAMDA Exams take place on 25th November
between 9.00am – 12.30pm** in the Speech & Drama
room and Junior Common room. Please remember
your neat copies of words and to practise.
Mrs Pickering

School Meals – It is difficult for the Kitchen to cater for pupils' diets if they have not been given prior notice. Parents are requested to put in writing if their child is changing to be a vegetarian or a vegan. This information is usually written on the annual Health Review Form which is sent out in the Summer Term and returned at the latest in September.

The PTA are organising a 'Whole School Christmas Party' on Friday 16th December and would like to encourage friends of the school to attend. The Sports Hall will be decorated by the Polish Community with their carpeted marquee which gives a wonderful atmosphere. Please bring your own drinks although some drinks will be available for a donation. *Mrs Dorling*

Mrs Jan Heaver died on the 16th November after a long fight against more than one primary cancer. She was our school Librarian for many years and encouraged our young people to love reading and explore new genres. She trained her school Librarians very well and although she retired many years ago her thorough librarianship has been passed down from pupil to pupil as we no longer employ a Librarian. She was also really good at hospitality and knew how to serve others and so became involved in the whole life of the school. May she rest in peace. During the month of November we remember all those we know who have died. Every assembly we pray for the names of relations, friends and neighbours written on cards which say I am the resurrection and the life. He who believes in me will have eternal life and will live forever.

Sr Francis and Staff