



# Sacred Heart School

Service Before Self

## Newsletter 3: 23rd September 2016

Mon 26 <sup>th</sup> Sept	12.45pm – 1.15pm Mandarin lessons in the French Room. Every Monday
Tues 27 <sup>th</sup> Sept	9.15am Years 5 & 6 Assembly in the Barn Theatre 3.45 – 6.10pm U15 Mixed Hockey v TGS. Away
Wed 28 <sup>th</sup> Sept	3.45pm – 6.00pm U11 Hockey v Glebe House School. Away. All Year 5 & 6 girls
Thurs 29 <sup>th</sup> Sept	9.15am – 2.45pm Years 5, 6 & 10 Diocesan Mass/ Sainsbury Centre. Years 7 - 9 Sainsbury Centre
Fri 30 <sup>th</sup> Sept	8.45am – 2.15pm Years 3 - 6 Cross Country at Greshams
Mon 3 <sup>rd</sup> - Fri 7 <sup>th</sup> Oct	Book Fair in the Gym
Sat 8 <sup>th</sup> Oct	10.00am – 12 noon Open morning
Tues 4 <sup>th</sup> Oct	9.15am Years 3 & 4 Assembly in the Barn Theatre 3.45pm – 6.45pm U14 West Norfolk Hockey Tournament at Lynnsport 5.00pm – 7.00pm Years R – 6 Parents Evening and Book Fair in the Gym
Sat 8 <sup>th</sup> October	10.00am – 12.00pm Open Morning – Parents and pupils needed
Tues 11 <sup>th</sup> Oct	9.15am Years 1 & 2 Assembly in the Barn Theatre 3.45pm – 6.00pm U13 Hockey v TGS. Away 5.00pm – 7.00pm Years 7 - 9 Parents Evening in the Gym
Wed 12 <sup>th</sup> Oct	3.45pm – 6.30pm U14 WN Netball Tournament
Fri 14 <sup>th</sup> Oct	3.45pm – 6.00pm U13 Hockey v Glebe. Away 6.00pm – 8.00pm Halloween Disco for parents and pupils
Fri 14 <sup>th</sup> – Sun 16 <sup>th</sup> Oct	Duke of Edinburgh weekend
Tues 8 <sup>th</sup> Nov	9.15am Little Pedlars Assembly in the Barn Theatre

We are pleased to announce that our Lower School Leaders will be: *Lucy Brain, Olivia Clifton, Elanda Cundy, Seth Manning, Harry McKnight, Eliza McRann and Isaac Riedlinger, led by our Team Leader: Grace Cushing. Miss Gooderson*

Thank you to those who contributed to the Harvest Festival Foodbank Appeal. A very impressive 209kg (460.76lb which is nearly 33 stone) was donated to the Swaffham Bank. Thank you



On the 8<sup>th</sup> of July Miss Helen's Latin Dance Group undertook their Dance Exams. All of them performed well, producing excellent results: Samantha Brain (Gold Cross), Lucy Brain (Gold), Daisy Goldsmith (Silver), Tara Nathan (Bronze) and Emily Ringwood (pre Bronze) all achieved 'Highly Commended.' They

are pictured above receiving their certificates from Sr Francis. Congratulations to all. *Anna-Marie Bryder Performing Arts Prefect*

On Monday 12<sup>th</sup> September Mrs Levy kindly came to assembly to teach us about the violin. She played several beautiful pieces to encourage students to take up the instrument and showed us many types of violin We would like to thank her for opening our eyes to this instrument and the numerous sounds it can make. *Aeyesha Cundy Music Prefect*



### Come and Try The Violin or 'Cello!

If you are interested in learning to play the violin or cello or would like a *free* trial lesson, then please contact the school secretary. If you enjoy the trial then regular lessons can be arranged in school time. A limited number of instruments can be borrowed from school. Alternatively, instruments can be

*purchased from Omega Instruments, Gear 4 Music or other trusted sources.*

*Lessons would be before and during the school day. For more information and lesson fees, please contact the school.*

## **DUKE OF EDINBURGH AWARD PROGRAMME**

Sacred Heart School's first ever Silver Candidates attempt the Silver three day expedition Oct 14th-17th 2016.

Bronze Expedition Assessment takes place October 14<sup>th</sup> – 16<sup>th</sup>.

### **The Bronze Candidates:**

Aurelia Eburne, Catherine Hazel, Jack Reed, Charlie Spurling, Connie Wildbur, Elizabeth Napper, Madison Hitchcock, Cayman Evans, Liberty Lordan

### **The Silver Candidates:**

Samantha Brain, Aeysha Cundy

*Please wish our candidates success in this challenging adventure.*

**The PTA AGM was very successful in terms of parents present and ideas raised.** A copy of the minutes can be found on the website as well as the Headteacher's Report. We are pleased to announce that the as a result of the election of officers:

Chair – Roy Brain

Vice chair – Sarah-Jane Napper

Treasurer – Sam Wildbur

Secretary – Meg Huckstep

Other members of the committee are

Sureka Alaganan, Averille Cundy, Liselle Dorling, Krissie Goldsmith, Valerie Warner, Meg Huckstep, Lorraine Allen, Amanda Restall, Sharon Pomeroy-Aldridge, Pam and Richard Wainer, Nicola Warren, Melissa Whelan. Any parent is welcome to be a member of the PTA

Several social events are in the process of being arranged for next year and details will be given at a later date.

A family Christmas Party is proposed for Friday 16<sup>th</sup> December with the Strollers Band in the Sports Hall. We are awaiting the Polish Community's confirmation that they can put up the marquee lining in the Sports Hall. They always hold a New Year's event and decorate the Barn for this event.

It will be a simple cold buffet with ham / cheese, salad and baked potatoes. Parents are asked to supply mince pies and cupcakes. Adult tickets will be £12.50 and children £5 a head. Please put this date in your diary.

**Sacred Heart's U16 hockey team had a strong start to the season** this week with 0 – 0 draw with Thetford Grammar. We have had record numbers at senior hockey practise for the last two weeks. Well

done to all those showing a commitment to the sport. 23 seniors attended training this week and we had a very competitive game. There are local clubs for juniors and seniors to join please enquire for details. Pelicans (Kings Lynn), Sacred Heart, Dereham and Watton all have pupils already playing for them. Good luck to the U11 girls and U15 mixed team next week. *Mrs Calvert*



**On the 21<sup>st</sup> of September the U16 girls hockey team played a match against Thetford Grammar.**

The overall score was 0 – 0. Due to our defending we managed to prevent them from scoring and with our excellent attacking on several occasions we came close to scoring. Well done to Connie who was 'girl of the game,' despite the grassy terrain she was able to hit the ball up the pitch away from their goal. Thanks goes to Mrs Calvert and Miss Wookey for organising and umpiring such an enjoyable match. *Madie Hitchcock. Sports Prefect*

**Saturday 8<sup>th</sup> October is an Open Morning from 10.00am until 12noon.** We would appreciate adult helpers in the Barn to man teas and chat to prospective parents. Pupils are requested to be tour guides or help in certain classrooms. We are advertising the proposed Free School for September 2018.

**On the 23<sup>rd</sup> of September the whole school raised money for the Queen Elizabeth Hospital** by wearing jeans and donating £1. Thank you for the donations which totalled £102.



**School Re-union on 20<sup>th</sup> September 2016 at the George Hotel & visit to the school on the same day. Girls that were at the Convent from 1959 until 1968.**

### Outside The Convent

From left to right Carol (nee Cookson), Claire (nee Brown), Liz (nee Alliston), Drusilla Quilley, Margaret (nee Spain) and Patricia (nee Perry).



### At the George Hotel:

From top to bottom left to right Pauline (nee Freeman) Liz (nee Alliston) Drusilla Quilley, Patricia (nee Perry, Alexis (nee Waterfall) Christine (nee Allan) Carol (nee Cookson) Susan (nee Mitchell), Joan (nee Fisher), Mary (nee Greef), Margaret (nee Spain) Kate (nee Throssell) Jane (nee Adam) and Clare (nee Brown)



**PE Kit** – Reminder to all pupils Years 3 – 11. All pupils should have white socks, long socks, gum guard and shin pads in their PE kits at all times. Only black or white trainers are to be worn. Thank you. *Mrs Calvert*

**Plastic Bottle Appeal** – We are in urgent need of 500ml plastic drinks bottles to help create a display for National Poetry Day. Please recycle your used bottles into school. Thank you. *Mrs Heale*

**Bag 2 School** – We are organising another school fund raising collection and would appreciate your donations. Bags have been sent home so if you have any good quality adults or children's clothing, paired shoes, hats, belts, handbags, ties or soft toys, then please send them into school in the bags provided before Monday 17<sup>th</sup> October. Unfortunately, they cannot accept ANY school uniform with or without logos. Thank you

**Please return any Lower and Senior school trophies as soon as possible.**

**We would like to draw your attention again to the notice below about road safety as it is still a matter of concern.**

**It is dangerous** for pupils to be walking home, unaware of sounds around them as they are listening to phones and have their ears blocked. A child was very nearly hit on the road at the corner opposite the George Hotel for this reason – this is a H&S issue.

**Sr Francis and Staff**

**HALLOWEEN DISCO**  
FANCY DRESS DISCO FOR CHILDREN AND  
**XX PARENTS XX**  
BATS, CATS AND RATS ALL WELCOME  
*Prizes for Best Boy and Girl Lower School, Best Senior and Best Adult*  
**FRIDAY 14TH OCTOBER**  
**6-8 PM IN THE GYM**  
**£3.00 PER CHILD Adults Free**  
TUCK SHOP, FACE PAINTING, GLITTER TATTOOS AND A  
RAFFLE SO BRING SOME MONEY  
(Toads and Slimy Worms not accepted as payment)  
TEA/COFFEE FOR THE ADULTS  
ADULTS YOU MAY BRING ALCOHOL BUT PLEASE ACT RESPONSIBLY  
**PARENTS REQ'D TO STAY FOR LITTLE PEDDLERS—YEAR 4**