



Sacred Heart School

Service Before Self

Newsletter 35: 8th July 2016

Fri 8 th July	1.15pm Lower School Prize giving & Sports / 4.00pm PTA Splash Evening. All welcome
Mon 11 th July	2.00pm House Swimming Gala Parents welcome to attend
Tues 12 th July	1.00pm House School Sports Day. Parents welcome to attend
Wed 13 th July	House School Rounders and 'Sponsored' Rounders to raise funds for the Mercy Ships Charity 3.45pm End of Term
Tues 26 th July	7.30pm NarVOS meeting in the Barn Theatre – Bird Ringing
Sun 28 th August	10.30 Miss Anna and Miss Graziela become Novices and Sr Renata and Sr Michaela make their first Profession at a public Mass at Our Lady of Pity, Swaffham
	School re-opens
Tues 13 th Sept	6.30pm Marketing Meeting
Tues 20 th Sept	7.00pm AGM of PTA
Friday 14 th November	Advance notice of the Halloween Disco for parents and pupils.

Well done to the following pupils who have reached Service Award milestones:

Turquoise (75): Connie Wildbur

Gold (100): Cassandra Teixeira Oliviera, Elizabeth Napper

Well done to the following pupils who have reached House Point Award milestones:

Turquoise (75): Alex Grapes

Gold (100): Lucy Skerry

Ruby (175): Elizabeth Napper, Connie Wildbur

At Kentwell my favourite thing was the 'Camera Obsara.'

It was a small building where there was light when the door was open and when it was closed it was dark. We leant against the wall and we closed the door. There was a small hole which shone light and we saw a picture on the wall of the bridge outside and we saw Miss Gooderson waving her stick. We also saw a barn with muddy pigs, cute chickens, clean horses, woolly sheep and a noisy cockerel. The horse had mud in its hoof and the man cleaned the mud away but didn't touch the frog on the hoof. *Tara Nathan*



At Kentwell we saw a lot of things but my favourite was the combat side of things, like swords, daggers and the musket, all from 1593. Swords were very heavy. We had a go at combat school. We learnt exactly where to hit someone with a sword and a dagger. We also saw a musket being fired and how you put the gun powder into the musket. You put it in the right hand side of the barrel and put the ball in as well. Then you get a piece of rope and light the end of it and put it on the side of the barrel and touch the gunpowder and BANG!!!!

Harry McKnight

When we went into the house, in one room there were two women at a table making 'marchepane' (marzipan) sweets. First they shaped them and then they painted them using spices and edible powders mixed with water. The sweets would be shaped into Tudor roses, fruit and various objects before they were taken to the masters and mistresses plus all the important people of the manor. *Olivia Clifton*
Kentwell Hall had lots of fun things to do but my favourite was the still room. In the still room there were lots of herbs and mixtures. There were even dead mice. They thought that mice would stop coughs if you swallowed the mouse whole and then



pulled it back out. If you didn't want to catch the plague you could bathe in vinegar. *Elanda Cundy*
When we went into Kentwell Hall some of people were singing and dancing. One of the women talked to us and she said that she was married to one of the men. They were dressed in black. The woman said that her husband was 'left-footed' and no good for dancing with. *Emilia Judges*

This was an exciting trip to Gressenhall and we learnt a lot about Victorians – some good learning moments and some funny moments. First we arrived at the old workhouse and when we entered the museum we saw old bikes and steam machines and old contraptions, one looked like Santa's sleigh. By that time my legs were aching and I had to sit myself in a wheelchair. Next we went to the kitchen where we learnt about the disgusting meals they would have every day – bread and gruel. Then next door were the work house punishments which were really horrible, like the girl who refused to go to bed on time and was put in Swaffham prison for 23 days! After that we went to the laundry yard to see what it was like and to the dungeons. Daisy for no reason screamed her head off. Then we had lunch. Next we went to the farm house that was 70 years old. We worked in teams to see who could milk the fastest. Next we went to the pigs, one sneezed and we all jumped back and went on the farm trailer. On it there was a horse fly. We were all terrified because it bit Jacob and Miss Wookey. After the fly bus (we called it that) we went to the playground.

Oskar Harris



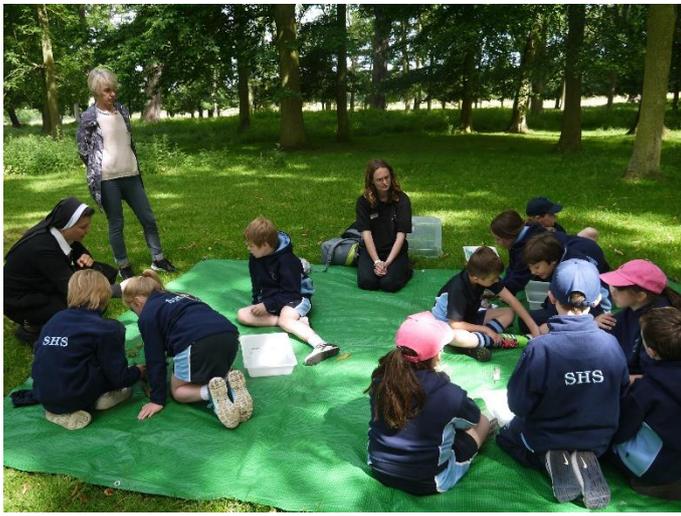
I enjoyed going to Gressenhall. I found looking at how the workhouse would look when it was a working work house interesting. It was originally called a 'House of Industry' where it had good conditions for the poor and it was commonly called the 'Paupers' Palace' but the conditions changed due to the government in London. Soon the poor would rather die than spend a winter in the workhouse. They had long hours and little food. I liked looking

at where the children would sleep, eat and get punished and the laundry, though the smell was revolting. There were very strict timetables which they had to follow. If they did not obey the timetable they were swiftly punished – either sent to prison or kept in a room alone. *Madeleine McPartlin*



On Wednesday 8th July Year 3 enjoyed a fantastic day of nature activities including a mini-beast hunt, building bug houses and pond-dipping at Holkham Hall. Everyone had a fabulous time and the pupils were great ambassadors for the school. *Mrs Leader*





Sounds of Music on Monday was a delightful evening. There was so much variety and talent from pupils from Y2 – Y10. A new parent commented that the whole show seemed to be about pupils enjoying themselves. Thank you to Mrs Pickard for organising our pupils to take part in raising £180 for Swaffham Swimming Pool. Aeyesha, our Music Prefect co-ordinated the making and selling of delicious tasty bites, making £100 for the Music Department. At her request, the PTA have agreed to match this funding so that instruments can be repaired and used in music lessons or lent to pupils. **Thank you to all parents: the PTA purchased 20 ukuleles on your behalf for £400.**

Sports Report

On Monday the 5th July the U13 played a rounders match against St Clements. Overall the score was 9 – 5.5 to them. Well done to Hattie for getting ‘girl of the game.’ The U15 team also played but unfortunately this was not one of our most successful matches as the final score was 24 – 4 to them. However, throughout the match the spirits were high. Well done to Shauna who got ‘girl of the game.’ Thanks to Miss Wilson and Miss Wookey for organising and umpiring such enjoyable matches. *Cayman Evans Year 10*

I would like to remind everyone that there is going to be a sponsored rounders match on Wednesday 13th July. Can friends and family of children from Year 4 upwards please sponsor their child. The money raised will be going towards a charity called ‘Mercy Ships’ which sail to the poorest countries in the world providing medical help to people. If you don’t want to sponsor a child you can give an overall donation. Thank you.
Charlotte Reid Year 10 Charities Prefect

Years 1 – 5 took NFER English and Maths Assessments during earlier in the term. These papers were marked externally and a comprehensive set of results have been sent for staff and parents. There are action points for parents from the Assessment Board. These are based on the results of the cohort of pupils in the country sitting these tests. They are therefore general remarks rather than personal remarks. They record your child’s results compared to national averages. These will be sent out next week.

Summer Holiday Challenge

Find a way to exhibit a talent / talents that you possess (e.g horse riding, sailing, judo, archery, walking. etc)

Think of something that you do out of school that may possibly be a surprise to others or something that you are always talking about.

It could be an extension of something that you do in school – dancing, music making, sport, etc

Make a display using all or some of the following:
photos / objects / articles / newspaper cuttings / explanations / videos.

Years 5 – 11 will be displayed in House Exhibitions in the Middle School and Years 1 – 4 in the Lower School.

We look forward to finding out about the great wealth of talents / skills that we have in the school.

We are pleased to announce that **Paul Dark** has been appointed Head of Science. He is a man of experience and many talents. He has been in several times to familiarise himself with our school and make sure that the Science Department runs smoothly.

Mr Kevin Penney is casting off his supply role and joining the school to teach ICT and continue with some Science and Maths.

Mrs Callie Oatridge, a former pupil will replace Mrs Kenny in the Geography Department. She will also teach Year 7 English as she did in her previous school.

Miss Williams will be the supply teacher for Mrs Pickard while she is on Maternity leave. She is a

close friend of Mrs Pickard so knows the standard that is expected of her.

Mrs Riedlinger's Year 1 and 2 class is expanding so **Mrs Clifton** will teach Year 2 Maths and English every morning. The children all know her as she has been coming into school for a couple of weeks.

Mrs Woodhouse, a former parent, has been appointed as a Learning Support for Years 3 – 8. She has many years of experience and has an NNEB qualification.

Sr Michaela and Sr Renata are returning to us in August and will change from their Novice status (white veils) to being professed Sisters with black veils.

Sr Linda has been designated as the Novice Mistress for our two postulants

Miss Anna and Miss Graziela. They will become novices on Sunday 28th August in our Lady of Pity Church, Swaffham at the 10.30am Mass. The Novitiate will be in our Convent in Chesterfield.

Class information for September 2016

Little Pedlars: – Mrs Parnham Mrs Cockman and Miss Jude who will be a Postulant (a trainee Sister)

Years 1 / 2: - Mrs Riedlinger, Miss Liridona and Mrs Clifton (Y2 Maths and English)

Years 3 / 4: - Mrs Leader, Mrs Henden and Sr Michaela.

Years 5 / 6: - Miss Gooderson, Mr Penney and Mrs Woodhouse

Year 7: Mrs Wilson, Mrs Heale, and Miss Wookey

Year 8: Miss Wilson, Mr Dark and Sr Renata

Year 9: Mrs Laban, Miss Oatridge and Sr Kasjana

Year 10: Mr Murphy, Mrs Ahrenfelt and Sr Danuta

Year 11: Sr Francis, Mrs Clark and Mrs Pickard (Miss Williams)

Email confirmations and memory testing

Thank you for returning the email forms to school promptly. This must surely win the award for the fastest response to any handouts.

Pupils from Year 3 upwards were set the challenge of taking the slip home because we needed the information urgently and secondly of being able to remember to hand it to parents have it signed and then return it to school. I think there was a 95% response. Wonderful!

News regarding the Free School

Rachel de Souza has organised a team of advisors to come into the school on Monday 11th July and Thursday 14th July to give advice on moving forward.

Sr Francis and Sr Thomas More were invited to a Diocesan Meeting with the Catholic Education Services to discuss the Free School.

Medical Review Forms - Thank you to those who have already completed and returned the forms. We would be grateful if they could all be returned before the end of term please. The forms are completed annually and as well as giving up-to-date medical information, confirm the most recent contact details and also include your permissions for hospital, outings, photographs and images and, for Senior School paracetamol. Thank you

Health and Safety Notices

The Staff Car Park is for the use of staff only during school hours and parents and children should not be using this area as it is dangerous.

Swaffham Town FC has funding for U14 & U16 Girls football teams from September. Darren, a serving policeman is organising the clubs with qualified coaches. His mobile number is: 07900 565836 or visit the website for more information.

Dementia Well Being Day in the Assembly Rooms on 13th July from 12noon – 6pm. If you are able to offer any support (passing round donation boxes, serving food or tea and coffee), please let the office know and we will pass on your contact details. Information is printed in the Swaffham Newsletter too. Thank you

Nar Valley Ornithological Society (NarVOS)
Tuesday 26th July 2016, 7.30pm at the Barn Theatre, Please come along to this illustrated talk by **Chris du Feu**, entitled: Bird Ringing
Chris du Feu is the man who last year gave an absolutely fascinating talk about Slugs to NarVOS. If he could captivate his audience on that subject Chris will surely educate and entertain us with this bird ringing topic, and whether re-trapping birds is worth it. Do come along for a great evening. Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

Helper needed for Carriage Driving – If you want to spend time outdoors and enjoy the countryside would you like to assist with exercising a carriage driving horse and perhaps attend competitions. Experience is not essential and full training will be given. One or two sessions a week, from one hour long. Suitable for fit people aged 14 – 70 years. Location is 5 miles from Swaffham. For full details please email Lucy at Lucycloss@gmail.com or tele: 01366 328225 / 07968 586980

Sr Francis and staff