



# Sacred Heart School

Service Before Self

## Mission Statement:

The Sacred Heart is a Community committed to the education of its pupils in a Catholic Christian ethos, where each person is invited to serve God and others in faith, hope and love.

## Aims:

- To foster spiritual growth in Christian faith and values
- To value, appreciate and enjoy learning
- To work for excellence
- To further curiosity and creativity
- To aspire to high ideals

*PSHEE and Citizenship*

## PERSONAL, SOCIAL, HEALTH, ECONOMIC EDUCATION AND CITIZENSHIP and BRITISH VALUES POLICY (Senior School)

### DEFINITION:

Personal, Social, Health and Economic Education is both a discrete curriculum subject and an integral part of the whole educational work of the school, supporting the academic curriculum in helping to develop the whole person and to prepare pupils for academic life.

All PSHE should be delivered within the Catholic ethos and affirm faith, hope and love as life-fulfilling choices.

In its personal, social, health and economic aspects, PSHE should affirm the inalienable dignity of men and women which comes immediately from God their creator (CCC 369). 'Developing as a citizen' is a strand of the PSHE scheme of work.

### RATIONALE

The Sacred Heart School recognises pupils as unique persons created in the image of God, loved by God and intended to live life to the full. '...children and young people have the right to be encouraged to make sound moral judgements with an informed conscience and to put them into practice by personal choice and to know and love God better' (Declaration on Christian Education, para 1, Second Vatican Council, ed. by W Abbott 1966).

To this end PSHE and Citizenship Education (in common with the whole educational experience at SHS) strives to affirm in pupils a sense of being valued and cared for within the community; and an understanding that teaching and guidance tend towards enabling those judgements throughout life that will result in good – i.e. are for the health, well-being and peace of pupils and those on whom their lives impact.

### EDUCATIONAL AIMS AND OBJECTIVES

#### AIMS:

1. To provide an education that will fit pupils for life, give them an understanding of a loving God and an ability to cope with all situations however difficult.
2. To help pupils find their true vocation, to prepare them for the world of work, leisure and life in the community beyond school.
3. To promote personal growth, involving an understanding, knowledge and development of self.
4. To gain understanding of relationships and morality, and acquire social awareness and empathy with others.
5. To communicate effectively.
6. To encourage a positive attitude, making the fullest use of talents
7. To develop sound attitudes and judgements relating to the world at large - environment, politics and community.

#### OBJECTIVES:

1. To support the development of certain personal qualities and attitudes among all pupils such as:
  - Independence of mind
  - Self reliance, self discipline and self respect
  - An enterprising and persistent approach to tasks and challenges
  - Consideration of others
  - A sense of fairness and respect for the law and the rights of others
  - A commitment to promoting the well-being of the community
  - A concern for the conservation of the natural and built environment

2. To give access to knowledge and understanding of:

- Themselves and their surroundings
  - Their social and political responsibilities
  - Moral ideas and behaviour
3. To support the development of a range of personal and social abilities and skills including:
- Those necessary for everyday living
  - Listening to other peoples points and putting forward their own clearly and appropriately
  - Making choices sensibly in the light of available evidence
  - Coping confidently and effectively with unfamiliar people and situations
  - Learning from personal mistakes which have unforeseen consequences
  - Making moral judgements about what to do in actual situations
  - Taking initiative and acting responsibly as an individual and member of the wider community
  - Acting as members of a democracy
  - Charitable giving as a way of life
  - Social action and active citizenship

## **ROLES AND RESPONSIBILITIES**

Teacher of PSHE and Citizenship:

- ▲ to produce, review, be active in implementing and encouraging implementation of the development plan
- ▲ to invite and support invitation of visiting speakers

All form tutors:

- ▲ to teach PSHE and citizenship in alpha periods both using the 'Your Life' scheme of work, and responding flexibly to local and wider happenings that prompt a response through PSHE
- ▲ to encourage and support tutees contribution to and participation in school traditions, events and charitable giving.

## **DELIVERY/MANAGEMENT OF PSHE AND CITIZENSHIP PROGRAMME**

PSHE and Citizenship is delivered in 5 ways:

1. to tutor groups by the form tutor or other staff during the alpha period, including the 'Your Life' programme of study delivered over 5 years and covering modules on: relationships; keeping healthy; economic well-being and financial capability; and developing as a citizen.
2. by visiting speakers during alpha periods or at other times
3. as a cross-curricular part of other subjects
4. during dedicated PSHE sessions on a rolling basis with Miss Wilson,
5. in place of normal timetabling on dedicated 'challenge' days.

### **Monitoring and Review:**

Prepared 2007: Last review FV January 2014 March 2015 HK: Next scheduled review Spring 2016

## British Values Catholic Values / Gospel Values

At the Sacred Heart School we uphold and teach pupils of all ages about British Values as directed under the new OFSTED guidance 2014.

The government set out its definition of ‘British values’ in the ‘Prevent Strategy’ (2011), which was designed to prevent the extremism and religious radicalization of young people. British values are considered by the present government to be **democracy, rule of law, individual liberty, mutual respect and tolerance of those of different faiths and beliefs**. The promotion of ‘British values’ is central to Catholic as education as British values have their origin in the Christian values of our nation.

*We are proud that Catholic schools promote values that are both Catholic and British, including: respect for the individual, democracy, individual liberty, respect, tolerance and inclusiveness. Our schools promote cohesion by serving more ethnically diverse and poorer communities. Catholic schools provide high standards of education which are popular with parents from all social, economic and faith backgrounds.”*  
**Paul Barber (Catholic Education Service 15 December 2014).**

as a result of schools promoting fundamental British values:

- an understanding of how citizens can influence decision-making through the democratic process
- an appreciation that living under the rule of law protects individual citizens and is essential for their wellbeing and safety
- an understanding that there is a separation of power between the executive and the judiciary, and that while some public bodies such as the police and the army can be held to account through Parliament, others such as the courts maintain independence;
- an understanding that the freedom to choose and hold other faiths and beliefs is protected in law;
- an acceptance that other people having different faiths or beliefs to oneself (or having none) should be accepted and tolerated, and should not be the cause of prejudicial or discriminatory behaviour;
- an understanding of the importance of identifying and combatting discrimination.

### DEMOCRACY

- The Senior and Lower School Council meet regularly and takes part in decision making on a range of topics
- Forms from Year 4 – 11 vote for Form and Vice Captains, Games and Vice Games Captains termly
- Years 4 – 11 vote for House Officers – Vice House Captain, Games Captain and Secretary
- Mock elections are held
- The development of democratic ideas are highlighted in history lessons
- MPs and other speakers are invited to the school
- Pupils are given opportunities to debate matters of interest in PSHE and other lessons
- Pupils views, ideas and suggestions are listened to by adults

### THE RULE OF LAW -;

- Staff have high expectations of pupils work and behaviour
- Classes create “class rules”
- A clear positive behaviour policy is explained to all
- Health and Safety notices given in Assembly to explain regulations that need to be followed for our safety
- Visits arranged from the police and fire service to reinforce the message of right and wrong
- The rules of the Church and God are explained in the RE curriculum, for example the 10 commandments and the Precepts of the Church
- The development of the Rule of Law in English Law, a legal system created uniquely in a Catholic England, inspired by Christian values and becoming a major influence across the world

**INDIVIDUAL LIBERTY -**

- Pupils are encouraged to be independent in their learning and behaviour
- Develop pupils' self-esteem and confidence through providing opportunities for individuals to flourish and use their talents
- Provide students with opportunities for reflection as they take responsibility to discerning their vocation
- Give pupils e-safety knowledge in order to make safe choices

**MUTUAL RESPECT**

- Provide opportunities to live our motto 'Service before Self' and daily live our inclusive Mission statement
- Promote respect and tolerance and celebrate the worth and individuality of each member
- Reinforce the value of everyone's opinions in class discussions
- Model and promote positive relationships and an anti-bullying policy
- Emphasise in Assemblies, RE and PSHE lessons that every person is unique and "created in the image of God"
- Become valuable and selfless citizens by participating in local community events
- Have active educational links with other schools through sport and other activities
- Pupils initiate support of local charities and the Sisters Mission in Uganda

**TOLERANCE OF THOSE WITH DIFFERENT FAITHS AND BELIEFS**

- Speak about and pray for peoples of other cultures, faiths and religions
- Celebrate our diverse cultures – Chinese New Year and visit the Buddhist Centre in Norwich, invite in speakers from other religions –Jews, Hindus
- Through Assemblies, Religious Education, PSHE provide pupils with a deep understanding of their own faith and traditions as well as those of other religious communities as a basis for understanding and respecting them

Little Pedlars to Year 2 are encouraged to promote Catholic Gospel Values through the following maxims:

- Respect and obey the law
- Respect the rights of others, including their right to their own opinions
- Treat others with fairness
- Look after yourself and your family
- Look after the area in which you live and the environment

As a Catholic School we actively promote values, virtues and ethics that shape our pupils' character and moral perspective, through the teachings of the Church. We follow the example of the Good Samaritan where we are called to love and care for our neighbour. We ensure that through our school vision, ethos, agreed rules, curriculum and teaching we promote respect and tolerance for all cultures, faiths and lifestyles.

Follow Jesus' example and encourage tolerance through stories such as The Good Samaritan, The Adulterous Woman and The Women at the Well *'This is a Catholic school which seeks to live out the values of Jesus Christ. We promote these values by our words and deeds, and Catholic doctrine and practice therefore permeates every aspect of the school's activity. We provide a Catholic curriculum, which is broad and balanced, recognising that every pupil is unique and is created in the image of God (Gen 1:27). Our curriculum is designed to enable every pupil to discern their vocation and to be well-equipped to follow it as active citizens in service to the world. Catholic Religious Education is the "core of the core curriculum" (Pope St John Paul II) 4 and the foundation of the entire educational process. We also provide a wide range of extra-curricular activities and strong pastoral support. We incorporate democratic principles, value the rule of law, support individual liberty and foster a community in which different faiths and beliefs are respected.'*