



Sacred Heart School

Service Before Self

Mission Statement:

The Sacred Heart is a Community committed to the education of its pupils in a Catholic Christian ethos, where each person is invited to serve God and others in faith, hope and love.

Aims:

- To foster spiritual growth in Christian faith and values
- To value, appreciate and enjoy learning
- To work for excellence
- To further curiosity and creativity
- To aspire to high ideals

Safeguarding Children

Health Policy

The School aims to promote the physical and mental health of all pupils (Every Child Matters – Be Healthy)

This policy covers a range of problems which may include:

Asthma

Eating problems, such as Anorexia

Depression

School Phobias

- Pupils are encouraged to eat properly at school and at home
- Pupils are encouraged to take exercise
- Pupils are gently, but firmly, encouraged to 'keep going' as much as possible
- Pupils are reassured and told who they may go to for help and support

Throughout the curriculum:

- Pupils are given information about good health and keeping safe; especially in Science, PE and PSHE
 - Pupils are encouraged to go and mix with others in lessons and to go out and play / mix with others at breaks, as this helps both physical and mental well being.
- Pupils are encouraged to keep abreast of classwork / homework and seek help from form teachers if they are experiencing difficulties.

Role of Staff:

- To notice if pupils are looking unwell or miserable
- To investigate what the problem may be
- To listen to the comments of pupils who often know useful information
- Consult other staff for a range of views (especially the PE Department)
- Ask the School Office if the pupil is often there claiming illness
- To let a member of the Senior Management Team know

Senior Management Team will contact parents and deal with matters as sensitively as possible

Counselling may be recommended

Referral to a doctor may be suggested

If a pupil becomes ill, the school will co-operate fully with the family and medical staff to try to support the pupil in continuing their education.

It may be necessary for pupils to return to school in a limited way (eg mornings only)

The aim of the school will be to help the pupil to return to full health first and foremost.

The school will endeavour to ensure that the pupil can benefit from the social and education opportunities offered in school.

ANY SUGGESTION OF DESPAIR OR SUICIDE, MUST BE REGARDED WITH MAXIMUM SEVERITY
MENTAL HEALTH ISSUES ARE TO BE TREATED SERIOUSLY AND HELP OFFERED AT THE FIRST SIGNS

Monitoring & Review:

This policy will be reviewed by the Senior Management Team

(Prepared August 2008 DPW; Reviewed Feb 2013/ reviewed Feb 2014 SG; Feb 2015 Sr F, review Feb 2016)